

M C H P R O G R A M

Interchange



Focus on Abstinence Education



August 1997

**NCE
MCH**

National Center for Education
in Maternal and Child Health

MCHB

Maternal and Child Health Bureau
Health Resources and Services Administration

MCH Program Interchange

The *MCH Program Interchange* is a periodic publication designed to stimulate thinking and creativity within the Title V community by providing information about selected publications of current interest. These publications have been developed by or are available from federal agencies, state and local public health bureaus, and voluntary and professional organizations. The materials cited in the Interchange have been incorporated into the MCH Reference Collection at the National Center for Education in Maternal and Child Health (NCEMCH). All items in the Reference Collection are available for loan to those involved in Title V programs, or copies of listed materials can be requested directly from the contributing organizations and agencies. When ordering materials from the National Maternal and Child Health Clearinghouse, refer to the Inventory Code (Inv. Code) number located with the contact information. Inclusion of items in the Interchange does not imply endorsement by the Maternal and Child Health Bureau or NCEMCH. **States are encouraged to duplicate the Interchange for sharing with other individuals and agencies within the state.**

This issue of the *MCH Program Interchange* is available electronically on NCEMCH's home page on the World Wide Web (<http://www.ncemch.org>). Documents cited are part of the Maternal and Child Health (MC) sub-

file of the Combined Health Information Database (CHID), available electronically on the Internet at <http://chid.nih.gov>.

Notes: Brackets indicate that the information has been supplied by the cataloger. Brackets with a question mark indicate that the information is uncertain.

The names of some agencies may have changed since the materials listed in this Interchange were published. Differences between bibliographic citations and contact information may be due to our practice of describing the items as they were published and providing the most current contact information available.

NCEMCH MISSION

NCEMCH is dedicated to improving the health of mothers and children by collecting and disseminating information, providing continuing education, managing projects and programs, performing policy analysis, and advancing a national agenda in maternal and child health. Established in 1982 at Georgetown University, NCEMCH is part of the Georgetown Public Policy Institute. NCEMCH is funded primarily by the U.S. Department of Health and Human Services through the Health Resources and Services Administration's Maternal and Child Health Bureau.

Upcoming Topics

FOCUS ON ORAL HEALTH, SUMMER 1997

FOCUS ON HEALTHY START, FALL 1997

NCEMCH is interested in receiving copies of materials related to areas of maternal and child health services that would be useful in program development and evaluation. Tools for needs assessment, policy statements, guidelines and standards, record formats, and special reports are especially welcome. If you have any materials that you think might be of interest and help to colleagues, please forward two copies to NCEMCH at the address noted.

MCH Program Interchange
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NCEMCH welcomes your suggestions for future focus topics.

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MCH PROGRAM

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From the Desk of...

AUDREY H. NORA, M.D., M.P.H., ASSISTANT SURGEON GENERAL, ASSOCIATE ADMINISTRATOR, MATERNAL AND CHILD HEALTH, HEALTH RESOURCES AND SERVICES ADMINISTRATION

State Title V directors are preparing their applications for grant funds newly available under the abstinence education provision of the 1996 welfare reform law (Personal Responsibility and Work Opportunity Reconciliation Act of 1996, P.L. 104-193). To assist the state Title V directors in implementing abstinence education programs, the National Center for Education in Maternal and Child Health (NCEMCH) has compiled this issue of the *MCH Program Interchange*.

This issue focuses on practical materials that discuss ways to carry out an abstinence education program, and lists curricula and teaching materials for use in the classroom or other educational settings. This issue lists materials directed toward parents, data on sexuality education, and evaluation reports. Some items discuss the abstinence provision of the new law, and some curricula have been updated specifically to meet the requirements of the new law.

Journal articles have been omitted in order to preserve the readability and length of the Interchange. A separate bibliography of articles addressing abstinence education has been prepared by NCEMCH. This select

annotated listing of 19 articles presents background information on some of the approaches used and projects conducted. Copies may be obtained from the Information Services Department at NCEMCH by calling (703) 524-7802.

The materials listed in this Interchange were obtained in response to a call for materials on abstinence education that went to state, regional, and local MCH directors, adolescent health specialists, and organizations that work on issues related to adolescent health. In addition, online database and Internet searches were conducted to locate additional publications and sources of information. Items obtained were reviewed, and those carrying an abstinence-only message or focusing primarily on abstinence education were included.

I encourage you to obtain copies of documents listed here, for use in your state. In addition, NCEMCH can help identify materials that could be useful in other programs you may be developing. Call the Information Services Department at (703) 524-7802 to request assistance.

If you have questions about the abstinence education grant program, call the Maternal and Child Health Bureau's Office of State and Community Health at (301) 443-2204.



General Information on Abstinence Education

ABSTINENCE-ONLY EDUCATION

Edwards, M. (Ed.). April/May 1997. *Abstinence-only education*. SIECUS Report. 25(4):1-28.

This issue presents the authors' opinions on various topics related to the federal entitlement program that provides states with federal funds to teach adolescents about abstinence. The entitlement was passed as part of the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (also known as the Welfare Reform Act). Individual articles provide an historical perspective of the efforts of groups who worked to ensure that the entitlement was included in the legislation; a critique of abstinence-only education; and a review of the Medical Institute of Sexual Health's guidelines on abstinence education. This issue also presents an annotated list of abstinence promotion curricula that the authors believe may be considered effective within a broader context of comprehensive sexuality education, and a list of so-called "fear-based" abstinence-only curricula. The issue also includes annotated lists of publications and organizations providing information on the role that religion can play in promoting a positive understanding of sexuality.

Contact: Sex Information and Education Council of the United States, 130 West 42nd Street, Suite 350, New York, NY 10036-7901. Telephone: (212) 819-9770; fax: (212) 819-9776; e-mail: siecusrpt@siecus.org; Web site: <http://www.siecus.org>. \$9.20 includes shipping and handling for individual issues. ISSN 0091-3995.

ADOLESCENT HEALTH ISSUES: STATE ACTIONS, 1996

Savage, M. H., and Ourada, J. 1997. *Adolescent health issues: State actions*, 1996. Denver, CO: National Conference of State Legislatures. 63 pp.

This serial report presents summaries of laws and resolutions passed by the 50 states, the District of Columbia, and Puerto Rico. The dates of coverage vary; the first edition covers 1992-94, the second, 1995 (the year before publication). The report includes a topical presentation of state actions and provides a state-by-state summary; it also includes a resource list of national organizations to contact for more informa-

tion, and a directory of state adolescent health coordinators. Topics covered include abstinence and sexuality education, community health services, contraception and family planning, HIV and AIDS, other sexually transmitted diseases, insurance, Medicaid, mental health, pregnancy and parenting, school health and school-based health services, substance abuse, tobacco, and miscellaneous issues. For each year, other topics pertaining to adolescent health are included in two related publications: *Maternal and Child Health Legislation* and *Legislative Summary: Children, Youth and Family Issues*.

Contact: Book Order Department, National Conference of State Legislatures, 1560 Broadway, Suite 700, Denver, CO 80202-5140. Telephone: (303) 830-2054; fax: (303) 863-8003. \$20.00 plus \$4.00 shipping and handling.

ARTICULATION STRANDS FOR HEALTH EDUCATION (DRAFT)

[Guam Department of Education], n.d. *Articulation strands for health education* (draft). [Agana, Guam: Guam Department of Education]. ca. 50 pp.

This manual specifies content standards for health education and lists performance standards for each content area. It includes guidelines for family life and human sexuality, environmental health, substance use and abuse, disease prevention and control, personal health development, nutrition, and personal safety. The section on human sexuality includes physiology, physical changes during adolescence, interpersonal relations, health risks, the reproductive cycle, consequences of sexual activity, and abstinence. The performance standards cover kindergarten, grades 1 to 5, middle school, and high school. The higher grade levels have more performance standards for each topic.

Contact: Connie Guerrero, DOE Administrator of Curriculum and Institution, Guam Department of Education, P.O. Box DE, Agana, Guam 96932. Telephone: (671) 475-0454. Single copies available at no charge.



HOW TO HELP YOUR TEENAGER POSTPONE SEXUAL INVOLVEMENT

Howard, M. 1988. *How to help your teenager postpone sexual involvement*. New York, NY: Continuum Publishers. 136 pp.

This book provides parents, teachers, and educators with principles and methods to help adolescents develop skills and abilities to cope with the social and peer pressures that lead to sexual involvement. It teaches parents how and when to set limits and how to foster independent, responsible decision making. It provides examples of actual conversations—between parents and adolescents, and among adolescents themselves—to show how adolescents can successfully say no.

Contact: Marion Howard, Ph.D., Teen Services, Grady Hospital, 80 Butler Street, S.E., Hospital Box 26158, Atlanta, GA 30335. Telephone: (404) 616-3513. \$9.95 for paper, plus 15 percent shipping and handling; prepayment required; make checks payable to Fulton DeKalb Hospital Authority. ISBN 0-8245-1318-5, paper; ISBN 0-8245-0412-x, cloth.

IMPLEMENTING THE ABSTINENCE EDUCATION PROVISION OF THE WELFARE REFORM LEGISLATION

Haskins, R., and Bevan, C. S. [1997]. *Implementing the abstinence education provision of the welfare reform legislation*. [Washington, DC: Human Resources Subcommittee, House Ways and Means Committee, U.S. Congress]. 23 pp.

This paper discusses the section of the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (P.L. 104-193) that created an entitlement program for establishing state sexual abstinence education programs. The paper reviews the legislative background of that section, assesses its text to ascertain congressional intent, and examines possible ways to implement the act. A table lists the amounts allotted to each state for this program. An appendix contains the legislative language and the report language for the abstinence provision.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: <http://www.ncemch.org>. Photocopy available at no charge.

NATIONAL GUIDELINES FOR SEXUALITY AND CHARACTER EDUCATION

Medical Institute for Sexual Health. 1996. *National guidelines for sexuality and character education*. Austin, TX: Medical Institute for Sexual Health; Chattanooga, TN: Distributed by STARS, Students Taking a Right Stand. 109 pp.

This document discusses the need for and content of character-based sexuality education. Part 1 discusses issues, principles, and parent involvement, presents success stories, and includes a sample policy statement. Part 2 lists concepts to be learned by age groups (kindergarten through 12th grade) in these areas: character formation, human development, relationships, family, sexual behavior, sexual health, and media and society. Part 3 discusses how to choose resources and provides a listing of suggested resources including curricula, videotapes and slides, and other resources for public schools, as well as additional background resources.

Contact: Jack Currier, Project 714, Students Taking a Right Stand, 6101 Preservation Drive, P.O. Box 22185, Chattanooga, TN 37422-2185. Telephone: (800) 477-8277, ext. 109; fax: (423) 899-4547. \$44.95 plus 8 percent shipping and handling. Order no. 240-01.

NEXT STEPS AND BEST BETS: APPROACHES TO PREVENTING ADOLESCENT CHILDBEARING

Moore, K. A., and Sugland, B. W. 1996. *Next steps and best bets: Approaches to preventing adolescent childbearing*. Washington, DC: Child Trends. 20 pp.

This paper contains principles for developing adolescent pregnancy intervention programs. It explains the context for the principles, lists them, and discusses each in detail. The principles can be applied to both abstinence-only and comprehensive sexuality education programs. The paper concludes by describing the types of interventions that combine the principles advocated by the authors, referring to these interventions as “best bets” for program development.

Contact: Child Trends, 4301 Connecticut Avenue, N.W., Suite 100, Washington, DC 20008. Telephone: (202) 362-5580; fax: (202) 362-5533; e-mail: 73252.3431@compuserve.com. \$4.00 includes shipping and handling; prepayment required; make checks payable to Child Trends. No. 96-02.



NO EASY ANSWERS: RESEARCH AND FINDINGS ON PROGRAMS TO REDUCE TEEN PREGNANCY

Kirby, D. 1997. *No easy answers: Research and findings on programs to reduce teen pregnancy*. Washington, DC: National Campaign to Prevent Teen Pregnancy. 91 pp.; summ. 25 pp.

This report examines five categories of research on nearly 80 programs for the reduction of adolescent pregnancy: (1) education, including abstinence-only education; (2) access to contraception; (3) parent-child communication on sexual topics; (4) multiple components; and (5) youth development programs focused on skill building and future planning. The report also discusses adolescent sexual risk-taking behavior and its consequences, as well as theories and research on the antecedents of adolescent sexual behavior.

Contact: National Campaign to Prevent Teen Pregnancy, 2100 M Street, N.W., Suite 300, Washington, DC 20037. Telephone: (202) 857-8655; fax: (202) 331-7735; e-mail: campaign@teenpregnancy.org; Web site: <http://www.teenpregnancy.org>. \$10.00 includes shipping and handling; prepayment required; summary available at no charge.

THE POWER OF ABSTINENCE

Napier, K. 1996. *The power of abstinence*. New York, NY: Avon Books. 210 pp.

This book provides information for parents to help guide adolescents toward sexual abstinence. It discusses problem issues concerning sex education and "safe sex," the premises of abstinence education, what adolescents say about sex, success stories, communication with adolescents about sex, myths about adolescent sex, consequences of early sexual experiences, the rewards of waiting, and ways to help adolescents set limits. An appendix lists abstinence education programs and materials.

Contact: Avon Books, 1350 Avenue of the Americas, New York, NY 10019. Telephone: (800) 238-0658. \$11.00. ISBN 0-380-78371-1.

PREVENTION IN FOCUS: A CONFERENCE SUMMARY

Teen-Aid, Incorporated. 1994. *Prevention in focus: A conference summary*. Spokane, WA: Teen-Aid, Incorporated. 68 pp.

This document summarizes information from a series of seminars whose purpose was to introduce teachers and other professionals to the Teen-Aid programs on adolescent family life education, including the programs' philosophy, research, and techniques, and to explore with these professionals community obstacles and solutions to implementation. The document covers these topics: communitywide approaches that include intervention but center on presenting the abstinence message to adolescents; the nature of directive abstinence programs and how to counter local opposition; sample policies to adapt for local use; and findings from evaluations of the Teen-Aid programs.

Contact: Teen-Aid, Incorporated, 723 East Jackson, Spokane, WA 99207. Telephone: (509) 482-2868. Available at no charge.

PROMOTING HEALTHY BEHAVIORS FOR MICHIGAN'S CHILDREN: A PROGRAM REVIEW CHECKLIST FOR FAMILIES, SCHOOLS, AND COMMUNITIES

Michigan Abstinence Partnership. [ca. 1995?]. *Promoting healthy behaviors for Michigan's children: A program review checklist for families, schools, and communities*. Lansing, MI: Michigan Abstinence Partnership. 12 pp.

This checklist helps groups organize the review process in selecting abstinence education programs for use with children and adolescents ages 9-14. It enumerates six steps in the selection process and identifies tasks under each of the steps, to assist in selecting materials that meet the criteria established by the group. An introduction explains the philosophy of the Michigan Abstinence Partnership, highlights the fact that local needs vary as do the curricula being considered, and describes various aspects of a comprehensive abstinence education program.

Contact: Shelly Schadewald, Michigan Abstinence Partnership, Michigan Department of Public Health, P.O. Box 30195, Lansing, MI 48909. Telephone: (517) 335-8908 or (517) 882-9955 for copy of catalog; fax: (517) 335-9222. Single copy available at no charge (out of state); up to 25 copies available at no charge (in state); \$1.00 per copy for additional copies.



PROMOTING HEALTHY BEHAVIORS FOR MICHIGAN'S CHILDREN: AN ACTION PRIMER FOR FAMILIES, SCHOOLS, AND COMMUNITIES

Michigan Abstinence Partnership. [ca. 1994?]. *Promoting healthy behaviors for Michigan's children: An action primer for families, schools, and communities*. [Lansing, MI]: Michigan Abstinence Partnership. 16 pp.

This booklet discusses the reasons why a community partnership is needed to promote abstinence from unhealthy and risky behaviors among the youth of the state; what types of programs and principles are needed to ensure success; and what parents, schools, and community organizations can do to help young people. The programs target youth ages 9–14.

Contact: Shelly Schadewald, Michigan Abstinence Partnership, Michigan Department of Public Health, P.O. Box 30195, Lansing, MI 48909. Telephone: (517) 335-8908 or (517) 882-9955 for copy of catalog; fax: (517) 335-9222. Single copy available at no charge (out of state); up to 25 copies available at no charge (in state); \$1.00 per copy for additional copies.

PROMOTING HEALTHY BEHAVIORS FOR MICHIGAN'S CHILDREN: RESOURCE BIBLIOGRAPHY FOR FAMILIES, SCHOOLS, AND COMMUNITIES

Hendrick, J., Kirkwood, M., Schadewald, S., and Walters, J. 1996. *Promoting healthy behaviors for Michigan's children: Resource bibliography for families, schools, and communities*. [Lansing, MI?]: Michigan Abstinence Partnership. 58 pp.

This annotated bibliography lists abstinence curricula, program reviews and evaluations, research sources (including general information and statistics), resource guides, and reports. Entries include titles, contact information, descriptions based on promotional materials, a list of available evaluation information, and a short key indicating the costs, grade levels, number of lessons, and availability of evaluation information. Entries also include a list of pertinent topics and issues to consider, such as the type of abstinence message, intended audience, breadth of dissemination, intended site for use, level of youth and family involvement required for implementation, level of community-based groups, endorsements, and approach to intervention used. Some of the programs address abstinence only; others are comprehensive sexuality education programs.

Contact: Shelly Schadewald, Michigan Abstinence Partnership, Michigan Department of Public Health, P.O. Box 30195, Lansing, MI 48909. Telephone: (517) 335-8908; fax: (517) 335-9222. Single copy available at no charge (out of state); up to 25 copies available at no charge (in state); \$1.00 per copy for additional copies.

TEEN PREGNANCY PREVENTION: SCOPE OF SERVICE

[Arizona Department of Health Services]. [1995?]. *Teen pregnancy prevention: Scope of service—Solicitation no. H6-020*. [Phoenix, AZ: Arizona Department of Health Services]. 6 pp.

This request for proposals presents background information on the formation of the Teen Pregnancy Prevention program in Arizona. It includes an overview of health conditions justifying the creation of the program, the rationale for including a component on abstaining from or delaying sexual activity in the prevention program, a brief explanation of the state legislative activity authorizing the program, and the stated goals and objectives for the program as set by the Arizona Department of Health and Human Services. The request also lists the scope of work, which includes details about the work plan, the creation of a community advisory board, the primary services, the parental component, and the program's evaluation. Other sections of the request for proposals list requirements the program must fulfill, items to be provided by the state, necessary program approvals, and program deliverables.

Contact: Antoinette Means, Program Manager, Community and Family Health Services, Office of Women's and Children's Health, Teen Pregnancy Prevention Program, Arizona Department of Health Services, 411 North 24 Street, Phoenix, AZ 85008. Telephone: (602) 220-6550. Available at no charge.

Curricula and Teaching Materials

ABSTINENCE-BASED TEEN PREGNANCY PREVENTION PROJECT

Tolleson Union High School District, and Maricopa County (AZ) Department of Public Health Services, Office of Family Health. 1996. *Abstinence-based teen pregnancy prevention project*. [Location and publisher unknown.] ca. 200 pp.

This curriculum, used in the Tolleson Union High School District in Maricopa County, Arizona, prepares peer counselors to teach abstinence-based pregnancy prevention courses to adolescents. It includes a number of objectives for each content area, suggested teaching methodologies for each objective, and sample hand-outs. The curriculum covers the following content areas: decision making, goal setting, job readiness, refusal skills, and sexuality and sexually transmitted diseases.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: <http://www.ncemch.org>. Available for loan.

(703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: <http://www.ncemch.org>. Available for loan. NMCHC inv.code I027.

BEST FRIENDS INFORMATION PACKET

Best Friends Foundation. 1995. *Best Friends* [information packet]. Washington, DC: Best Friends Foundation. 5 items.

This information package describes the Best Friends program, an educational program for girls in grades 5–9. Designed to support girls when their attitudes toward life are being formed, the program includes discussion groups, role model presentations, mentoring, dance and physical fitness classes, cultural events and community service projects, and a recognition ceremony. It promotes decision making in the context of abstinence from alcohol, drugs, and sexual activity.

Contact: Best Friends Foundation, 2000 N Street, N.W., Suite 201, Washington, DC 20036. Telephone: (202) 822-9266; fax: (202) 822-9276. Available at no charge.

ADOLESCENT PREGNANCY PREVENTION: A COMPENDIUM OF PROGRAMS

Healthy Mothers, Healthy Babies Coalition, Adolescent Pregnancy and Related Health Issues Committee. 1995. *Adolescent pregnancy prevention: A compendium of programs*. Washington, DC: Healthy Mothers, Healthy Babies Coalition. 118 pp.

This compendium lists evaluated adolescent pregnancy prevention programs throughout the United States. The programs selected are designed to enhance life options and to reduce repeat pregnancies by focusing on pregnancy prevention education, promoting sexual abstinence, and providing access to comprehensive services. A list of resource organizations and publications is included.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone:

BOOSTER SESSIONS: A TARGETED DEMONSTRATION APPROACH

St. Pierre, T. L., Kaltreider, L., Mark, M. M., and Aikin, K. J. 1991. *Booster sessions: A targeted demonstration approach*. University Park, PA: Institute for Policy Research and Evaluation, Pennsylvania State University. 59 pp.

This report presents an evaluation of SMART LEADERS, a two-year booster program for high-risk youth; the program was developed by Pennsylvania State University and Boys Clubs around the country. Its purpose is to reinforce the knowledge and skills learned by youth in Stay SMART, a small-group prevention program for adolescents ages 13–15. Stay SMART was developed by Boys Clubs as one component of a national prevention program called SMART Moves, which aimed to reduce the incidence and prevalence of alcohol and other drug use and early sexual activity



among high-risk youth. The report describes the program and presents the findings of the evaluation.

Contact: Dr. Tena L. St. Pierre, Institute for Policy Research and Evaluation, Pennsylvania State University, N 253 Burrowes Building, State College, PA 16802. Telephone: (814) 865-0399; fax: (814) 865-3098. Available at no charge.

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BUT IS IT SAFE

McPherson, M. 1993. *But is it safe*. Chattanooga, TN: Distributed by STARS, Students Taking a Right Stand. 1 videotape (42 minutes, VHS 1/2 inch).

This videotape features motivational speaker Miles McPherson as he leads a class discussion focusing on the decisions adolescents must make about being sexually active, and what they need to know. Topics covered include basic information about sex, the difference between love and lust, the role of intimacy in relationships, and the risks (health-related, emotional, mental, or social) of being sexually active. The videotape promotes postponement of sex until marriage. An instructor's guide suggests questions and answers that reinforce the messages. The videotape shows an actual class session.

Contact: Jack Currier, Project 714, Students Taking a Right Stand, 6101 Preservation Drive, P.O. Box 22185, Chattanooga, TN 37422-2185. Telephone: (800) 477-8277, ext. 109; fax: (423) 899-4547. \$89.95 plus 8 percent shipping and handling. Order no. 241-01.

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CAMPAIGN FOR OUR CHILDREN ABSTINENCE EDUCATION POSTERS

Campaign for Our Children. n.d. *Campaign for Our Children* [abstinence education posters]. Milwaukee, WI: Campaign for Our Children. 3 posters (1 p. each, 11 x 28 inches)

These three posters use bright colors and/or large graphic images to communicate the advantages of abstinence. Each poster features the name and phone number of the Milwaukee Campaign for Our Children, and each is available in English and Spanish. The first poster displays the message: "Don't like the odds? Don't have sex." The second reads: "Virgin. It's not a dirty word." The third cautions: "Make sex a game and it'll make you a loser."

Contact: Attention: Abstinence Posters, Campaign for Our Children, 120 West Fayette Street, Suite 120, Baltimore, MD 21201. Telephone: (410) 576-9015; fax: (410) 752-2191. \$8.00 plus \$4.25 shipping and handling; prepayment required.

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CAMPAIGN FOR OUR CHILDREN MATERIALS LIST

Campaign for Our Children. n.d. *Campaign for Our Children* [materials list]. Baltimore, MD: Campaign for Our Children. 14 pp.

This materials list features promotional materials that focus on preventing adolescent pregnancy by promoting sexual abstinence among pre-sexually active children and adolescents ages 9-14. The list integrates the efforts of mass media advertising and public relations initiatives with in-school programs to influence and change attitudes about sex among members of the target population. Included in the list are lesson plans, posters, public service announcements for radio and television, billboards, and interior and exterior graphics for use by transit systems. Topics cover abstinence in general, abstinence as a means of preventing the spread of sexually transmitted diseases, paternal responsibility, parents' responsibility to communicate with their children about sex, and building of relationships. Contact information and prices are included.

Contact: Campaign for Our Children, 120 West Fayette Street, Suite 1200, Baltimore, MD 21201. Telephone: (410) 576-9015; e-mail: kditillo@rmd.com; Web site: <http://www.cfoc.org> or <http://www.room411.org>. Available at no charge.

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THE CHASTITY CHALLENGE: VOLUNTEER IN-SERVICE TRAINING, RECORD-KEEPING IDEAS, SPEAKER'S BUREAU GUIDELINES

Scheuring, A. 1996. *The Chastity Challenge: Volunteer in-service training, record-keeping ideas, speaker's bureau guidelines*. Lancaster, PA: Loving and Caring. 39 pp.

This manual contains materials for conducting an abstinence education program that uses volunteers and incorporates the ideas of the Chastity Challenge, a counseling group operating in Gibsonia, Pennsylvania. The manual includes materials for the in-service training of volunteers, suggestions for keeping program records, and tips for speakers giving presentations about abstinence. The manual includes samples of the



Chastity Challenge cards used to involve adolescents and young adults in the program. Appendices include a resource list, hints on dating, and suggestions for forming a support group.

Contact: Loving and Caring, 1905 Olde Homestead Lane, Lancaster, PA 17601. Telephone: (717) 293-3230; fax: (717) 293-3241. \$15.00 plus \$3.50 shipping and handling (orders under \$35.00; otherwise shipping and handling are 10 percent); cards \$9.00 per 100; prepayment required.

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CHOOSING THE BEST: A VALUES-BASED SEX EDUCATION CURRICULUM

Project Reality. 1993. *Choosing the best: A values-based sex education curriculum*. Golf, IL: Project Reality. 2 pp.

This brochure describes the Choosing the Best curriculum, which promotes abstinence as a viable choice. It is designed to teach students in the 8th and 9th grades how to use values as a basis for deciding whether to become sexually active. The brochure describes the typical sexual behavior of 8th and 9th grade students and provides an overview of the intent and methodology used. It summarizes the primary topics in each of the eight sessions, indicates why the program is effective, lists the contents of the curriculum package, provides pricing information and an order form, and includes endorsements.

Contact: Project Reality, P.O. Box 97, Golf, IL 60029-0097. Telephone: (708) 729-3298 or (708) 729-3308. Brochure available at no charge; leader's kit \$195.00 plus \$5.00 shipping and handling.

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CHOOSING THE BEST: ABSTINENCE CURRICULUM—EVALUATION REPORT

Vessey, J. T. [1995]. *Choosing the best: Abstinence curriculum—Evaluation report*. Golf, IL: Project Reality, Committee on the Status of Women. 7 pp.

This report presents information on an evaluation of the Choosing the Best abstinence education curriculum, which was designed for use with students in grades 8–9. The evaluation describes the curriculum and the evaluation methodology. Data were gathered in pretests and posttests to identify the risk factors associated with adolescent sexual activity and to validate those risk factors with regard to attitudes about sex.

The comparison of the results of these two procedures was used to evaluate the effectiveness of the curriculum. Findings are presented and discussed.

Contact: Project Reality, P.O. Box 97, Golf, IL 60029-0097. Telephone: (708) 729-3298 or (708) 729-3308. Available at no charge.

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CHOOSING THE BEST: ABSTINENCE-CENTERED CURRICULUM—LONGITUDINAL STUDY, 1995–1996

Vessey, J. T. ca. 1997. *Choosing the best: Abstinence-centered curriculum—Longitudinal study, 1995–1996*. Golf, IL: Project Reality. 10 pp.

This report presents the findings of a longitudinal study that sought to determine how adolescents' attitudes and behavior had changed one year after participating in the Choosing the Best abstinence education curriculum. The curriculum was designed for use with students in grades 8–9. The report explains how the study differs from previous evaluations of the curriculum, describes the methodology used to assess the long-term changes in the adolescents' attitudes and behavior, and presents and discusses the results of the analysis.

Contact: Project Reality, P.O. Box 97, Golf, IL 60029-0097. Telephone: (708) 729-3298 or (708) 729-3308. Price unknown.

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EDUCATION NOW AND BABIES LATER PROGRAM INFORMATION PACKET

[Florida Department of Health and Rehabilitative Services, Family Health Services, Education Now and Babies Later Program]. ca. 1997. *[Education Now and Babies Later Program information packet]*. Tallahassee, FL: Education Now and Babies Later Program. 12 items.

This information package contains various items related to the Florida Education Now and Babies Later (ENABL) program. It includes a fact sheet describing the program and its efforts to promote abstinence education in the state, scripts for public service announcements about the program, and a pamphlet describing the Postponing Sexual Involvement curricula developed by Dr. Marion Howard and used in the ENABL program. Other items include copies of a newsletter produced by the program, the 1995–96 annual report, and a listing of the Florida counties involved with the ENABL program.



Contact: Virginia Miller, Assistant in Resource Development, Family Health Services, Office of Women's Health, Florida Department of Health and Rehabilitative Services, 1317 Winewood Boulevard, Tallahassee, FL 32399-0700. Telephone: (904) 488-5226. Available at no charge.

Contact: Project Reality, P.O. Box 97, Golf, IL 60029-0097. Telephone: (708) 729-3298; (708) 729-3308. Available at no charge.

FACING REALITY: A HANDBOOK FOR HEALTHY LIVING

Coughlan, J. [ca. 1994?]. *Facing reality: A handbook for healthy living*. Golf, IL: Project Reality. 2 pp.

The brochure describes the Facing Reality curriculum developed for use with high school students. The curriculum, which promotes abstinence as an acceptable alternative to being sexually active, covers health and sexual education. It helps students to learn and apply values as they make decisions about sexuality and substance use and as they choose to resist peer and social pressure in other situations. The brochure describes the three main sections of the curriculum and includes details on the various topics presented in each section. An order form with pricing and contact information is included.

Contact: Project Reality, P.O. Box 97, Golf, IL 60029-0097. Telephone: (708) 729-3298; (708) 729-3308. Brochure available at no charge; student edition \$10.95, parent/teacher edition \$14.95, plus \$5.00 shipping and handling.

FACTS AND REASONS: A COMPREHENSIVE PREVENTION CURRICULUM FOR SENIOR HIGH STUDENTS (5TH ED.)

Fuller, R., and McLaughlin, J. 1996. *FACTS and reasons: A comprehensive prevention curriculum for senior high students* (5th ed.). Portland, OR: Northwest Family Services. ca. 300 pp.

This curriculum is a values-based abstinence education program for use with senior high school students. It incorporates the principles of the Family Accountability Communicating Teens Sexuality (FACTS) project, which involves three main topics: self-knowledge, peer relationships, and family. The project focuses on understanding the dynamics of relationships, developing emotional maturity, understanding and managing sexual feelings, and involving the family. The curriculum includes sections on maturity; sex and sexuality; peer and media pressure; self-respect; values; building of relationships; social activities, dating, and parties; risk taking with regard to sexual behavior and harmful substances; ways to resist pressure to be sexually active; adoption as a way of handling unexpected pregnancy; decision making; and preparation for successful marriage. The teaching guide includes instructions on use of the curriculum, handouts, assessment forms, reproducible activity sheets, lesson plans, and a student handbook. This is one of three curricula; a second is available for junior high school students and a third for parents. Additional educational materials for use with all three are also available.

Contact: Northwest Family Services, 4805 N.E. Glisan Street, Portland, OR 97213. Telephone: (503) 215-6377; fax: (503) 215-6940. \$85.00 plus \$7.50 shipping and handling. ISBN 1-880220-04-0.

FACING REALITY: ABSTINENCE CURRICULUM—EVALUATION REPORT, 1994–1995

Vessey, J. T. [1995]. *Facing reality: Abstinence curriculum—Evaluation report, 1994–1995*. Golf, IL: Project Reality, Committee on the Status of Women. 8 pp.

This evaluation of the Facing Reality abstinence education curriculum considers changes in adolescents' attitudes as determining the effectiveness of the curriculum. The report outlines the rationale and methodology of the evaluation, which uses data derived from pretests and posttests to ascertain changes in the adolescents' attitudes. The evaluation process involves identifying risk factors in adolescent sexuality and validating these risk factors in relation to the adolescents' attitudes about sex. Data based on the results of the evaluation are presented and discussed.

FAMILIES UNITED TO PREVENT TEEN PREGNANCY: A LIFE OPTIONS MODEL CURRICULUM FOR YOUTH

Staff of Rosalie Manor. ca. 1989. *Families United to Prevent Teen Pregnancy: A life options model curriculum for youth*. Milwaukee, WI: Rosalie Manor. ca. 350 pp.



This curriculum presents strategies for teaching life skills to high-risk, predominantly low-income, minority adolescents who are siblings (ages 9–19) of pregnant or parenting adolescents. The curriculum is based on the experiences of the Families United to Prevent Teen Pregnancy program, which uses an educational and motivational approach to encourage abstinence from sexual activity. The curriculum includes sections on self-esteem, values, goal setting, decision making, risk taking, communication skills, social skills, relationships and sexuality, and adolescent development and anatomy. The outlines for each lesson include goals and procedures, discussion questions, and suggestions on ways to close the teaching session. Pretests, posttests, and handouts are included as needed. Evaluation reports on this curriculum are available.

Contact: Rosalie Manor, 4803 W. Burleigh Street, Milwaukee, WI 53210. Telephone: (414) 449-2868; fax: (404) 449-2870. \$100 plus \$10.00 shipping and handling; prepayment required.

FREE TEENS HIV/AIDS, STD AND PREGNANCY PREVENTION PROGRAM (5TH ED.)

Free Teens, U.S.A. 1997. *Free Teens HIV/AIDS, STD and pregnancy prevention program* (5th ed.). Westwood, NJ: Center for Educational Media. 4 items (pages vary).

This information package includes a guide, student workbook, product list, and sample newsletter. The guide presents an overview of HIV/AIDS, sexually transmitted diseases (STDs), and pregnancy prevention programs in the United States, as well as the script of the Free Teens slide presentation promoting adolescent sexual abstinence, and a list of educational activities. The student workbook provides exercises for students to complete after viewing the slide presentation, to help them explore and discuss the information presented. The product list provides brief descriptions and price information on print materials, slide presentations, and videotapes available from the Center for Educational Media. The newsletter, which costs \$12.00 for a one-year subscription, highlights the activities of the Free Teens organization and national and international developments related to HIV, AIDS, STDs, and pregnancy prevention. The Free Teens program is used in junior and senior high schools in the United States and abroad.

Contact: Center for Educational Media, 7 Park Avenue, Westwood, NJ 07675. Telephone: (201) 358-1504; fax: (201) 358-9013. \$10.00; \$40.00 for five copies; plus shipping and handling.

FRIENDS FIRST PRESENTS WAIT TRAINING

Friends First. 1996. *Friends First presents WAIT training*. Berthoud, CO: Friends First. 1 videotape (15 minutes, VHS 1/2 inch).

This promotional videotape presents many of the principles used in the Why Am I Tempted (WAIT) training program and discusses other educational efforts of Friends First. The videotape highlights the fact that adolescents need to be taught why waiting to have sex until marriage is important and how to make decisions that will help achieve that goal. Various scenarios are used to cover the main points in the WAIT training program: learning to love, learning that loving does not mean being sexually active, learning to build relationships, choosing to abstain from being sexually active until marriage, learning to draw boundaries to stay in control, learning to resist peer pressure, and giving adolescents the tools they need to say no.

Contact: Lisa A. Rue, Executive Director, Friends First, P.O. Box 356, Longmont, CO 80502-0356. Telephone: (800) 909-WAIT or (303) 776-0715. \$10.00 plus 10 percent shipping and handling.

HANDBOOK FOR TRAINING TEEN LEADERS

Pollard, B., and Mitchell, M. E. 1987. *Handbook for training teen leaders*. Atlanta, GA: Emory/Grady Teen Services Program, Grady Memorial Hospital. ca. 100 pp.

This handbook is designed to assist community service professionals in training 11th and 12th grade students as adolescent leaders in the Postponing Sexual Involvement program for students in 7th and 8th grade. The handbook includes information on trainer preparation; teen leader recruitment, screening, and selection; teen leader training sessions; and a training program evaluation. The appendix includes a variety of sample documents.

Contact: Trisha Deve, Center for Adolescent Reproductive Health at Emory University, Grady Memorial Hospital, P.O. Box 26158, 80 Butler Street, S.E., Atlanta, GA 30335-3801. Telephone: (404) 616-3513. \$25.00 plus 10 percent shipping and handling.



written request required; revised edition in preparation, expected summer 1997.

Contact: Americans for a Sound AIDS/HIV Policy, P.O. Box 17433, Washington, DC 20041. Telephone: (703) 471-7350; fax: (703) 471-8409. \$5.00 plus \$1.50 shipping and handling.

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HIV/AIDS AND ABSTINENCE

U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention, CDC National AIDS Clearinghouse. 1997. *HIV/AIDS and abstinence*. Washington, DC: CDC National AIDS Clearinghouse, U.S. Department of Health and Human Services. 27 pp. (Standard search series)

This annotated bibliography lists materials that can be used to educate adolescents and young adults about abstinence and how it prevents exposure to HIV infection and other sexually transmitted diseases. Many of the materials focus on resistance to peer pressure, decision making, personal values, social relations, and life skills. The materials can also be used to teach professionals and parents about abstinence issues. The bibliography lists books, brochures, journal articles, manuals, posters, study guides, teaching guides, and videotapes, among others. The bibliography provides contact information for each item and includes listings for materials in English, Spanish, and French.

Contact: CDC National AIDS Clearinghouse, P.O. Box 6003, Rockville, MD 20849-6003. Telephone: (800) 458-5231; (800) 243-7012, TTY; (301) 217-0023, International; fax: (301) 738-6003; e-mail: aidsinfo@cdcnac.org; Web site: <http://www.cdcnac.org>. Available at no charge. Item no. D170.

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HIV/AIDS EDUCATIONAL MATERIALS FOR ADOLESCENTS

U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control and Prevention, CDC National AIDS Clearinghouse. 1996. *HIV/AIDS educational materials for adolescents*. Rockville, MD: CDC National AIDS Clearinghouse, U.S. Department of Health and Human Services. 43 pp. (Standard search series)

This annotated bibliography lists educational materials on HIV and AIDS. Written for adolescents and young adults, the materials focus on HIV prevention, decision making in sexual behavior, abstinence, and peer education. Types of materials listed include books, brochures, catalogs, manuals, posters, special issues of magazines, videotapes, and materials in Spanish and in Chinese. This series also includes HIV/AIDS and Adolescents: Materials for Educators, which contains citations for materials that are appropriate for use by health educators working with adolescents.

Contact: CDC National AIDS Clearinghouse, P.O. Box 6003, Rockville, MD 20849-6003. Telephone: (800) 458-5231; (800) 243-7012, TTY; (301) 217-0023, International; fax: (301) 251-5343; e-mail: aidsinfo@cdcnac.org; Web site: <http://www.cdcnac.org>. Available at no charge. Also available from the National Pediatric HIV Resource Center.

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HIV/AIDS AND SEXUALITY EDUCATIONAL CURRICULA, VIDEOS AND SPEAKERS

Americans for a Sound AIDS/HIV Policy. [1995?]. *HIV/AIDS and sexuality educational curricula, videos and speakers*. Washington, DC: Americans for a Sound AIDS/HIV Policy. 7 pp.

This bibliography is a preliminary listing of curricula, videotapes, and speakers that address the issue of HIV/AIDS prevention through abstinence-based education. The materials provide training in the areas of resistance skills, parent involvement, development of supportive activities, and other topics. An expanded abstinence resource directory is in preparation, with an expected publication date of summer 1997.

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HOW TO BE A GOOD LOVER: ABSTINENCE PRESENTATION FOR PUBLIC SCHOOLS AND YOUTH GROUPS

Hosler, L. ca. 1993. *How to be a good lover: Abstinence presentation for public schools and youth groups*. Lancaster, PA: Distributed by Loving and Caring. ca. 50 pp.

This guide presents the experiences of a pregnancy center that developed abstinence education presentations. The foreword contains the author's anecdotal insights from her work with Project Purity, a speaker's bureau that gives abstinence education presentations for adolescents. The author's insights describe ways to develop and promote similar programs. The guide also

includes a sample presentation, examples of flip charts, and two sets of sample handouts, one for use in public schools and the other for use with church youth groups. Topics covered in the presentation relate to making decisions, communicating, building committed relationships, understanding the negative consequences of having premarital sex, and choosing to abstain. Related pamphlets include *Ten Steps to Developing a Committed Relationship*, *Moving Ahead: Making Good Decisions*, and *Is Parenting for Me Now?*

Contact: Loving and Caring, 1905 Olde Homestead Lane, Lancaster, PA 17601. Telephone: (717) 293-3230; fax: (717) 293-3241. \$15.00 plus \$3.50 shipping and handling (orders under \$35.00; otherwise, shipping and handling 10 percent); pamphlets \$15.00 per 100; prepayment required.

HOW TO CREATE A COMMUNITY OF CARING SCHOOL

Community of Caring, and National Association of Secondary School Principals. [1992]. *How to create a Community of Caring school*. Washington, DC: Community of Caring; Reston, VA: National Association of Secondary School Principals. 128 pp.

This manual introduces the Community of Caring program, which is designed to reduce adolescent pregnancy through values education and the teaching of abstinence. It discusses values that the program considers of primary importance (family, caring, respect, responsibility, and trust), and ways to teach these values throughout the school setting. The manual also provides information on holding a teen forum, community service, and family involvement. Suggested activities are included. Appendices discuss how to set up a Community of Caring program and provide an evaluation of existing programs. Materials accompanying the manual explain how the program addresses abstinence education. The program has developed the abstinence curricula *Growing Up Caring* for middle schools and *Understanding Your Sexuality and Your Choices* for high schools. A videotape about the program is also available.

Contact: Attention: Sales, National Association of Secondary School Principals, 1904 Association Drive, Reston, VA 22091-1537. Telephone: (703) 860-0200; fax: (703) 476-9321.

I'M IN CHARGE OF THE FACTS: A COMPREHENSIVE PREVENTION CURRICULUM FOR JUNIOR HIGH STUDENTS (5TH ED.)

Fuller, R., and McLaughlin, J. 1996. *I'm in charge of the FACTS: A comprehensive prevention curriculum for junior high students* (5th ed.). Portland, OR: Northwest Family Services. ca. 300 pp.

This curriculum, for use with junior school students, is a values-based abstinence education program. It uses the principles of the Family Accountability Communicating Teens Sexuality (FACTS) project, which incorporates three main areas: self-knowledge, peer relationships, and family. The project focuses on exploring the dynamics of relationships, developing emotional maturity, understanding and managing sexual feelings, and involving the family. The curriculum includes sections on maturity, sex, and sexuality; pressure from peers and the media; self-respect, individual values, and the influence of peer groups; ways to distinguish between love and infatuation; self-control; social activities, dating, and parties; risk taking with regard to sexual behavior and harmful substances; methods of resisting pressure to be sexually active; adoption as a way of handling unexpected pregnancy; and decision making. It includes instructions on use of the curriculum as well as handouts, assessment forms, reproducible activity sheets, lesson plans, and a handbook for students. This curriculum is one of three; the other two are for senior high school students and for parents. Additional educational materials for use with all three curricula are also available.

Contact: Northwest Family Services, 4805 N.E. Glisan Street, Portland, OR 97213. Telephone: (503) 215-6377; fax: (503) 215-6940. \$85.00 plus \$7.50 shipping and handling. ISBN 1-880220-04-0.

IT AIN'T WORTH IT

A. C. Green Programs for Youth. n.d. *It ain't worth it*. [Location unknown]: Anointed Images Production. 1 videotape (ca. 25 minutes, VHS 1/2 inch).

This videotape focuses on the risks adolescents face when sexually active, and highlights the advantages of abstaining from sexual intercourse until marriage. A. C. Green, David Robinson, and other athletes present messages on choosing abstinence. The videotape frequently cuts away to feature the opinions of adolescents, and splices musical segments and dance sequences reinforcing the messages with substantive



information on decision making, ways to resist peer pressure, and the health risks and possible consequences of being sexually active.

Contact: Jack Currier, Project 714, Students Taking a Right Stand, 6101 Preservation Drive, P.O. Box 22185, Chattanooga, TN 37422-2185. Telephone: (800) 477-8277, ext. 109; fax: (423) 899-5714. \$89.95 plus 8 percent shipping and handling. Order no. 239-01.

ME, MY WORLD, MY FUTURE: TEACHER'S MANUAL

Teen-Aid, Incorporated under the direction of Roach, N., and Benn, L. 1993. *Me, my world, my future: Teacher's manual*. Spokane, WA: Teen-Aid, Incorporated. 442 pp.

This teacher's manual contains looseleaf lesson materials for youth in grades 6 to 9. It includes materials and suggestions for teaching adolescents to value themselves, to learn to make decisions, to develop goals, to communicate, and to resist peer pressure. The manual presents teaching materials on sexuality, sexually transmitted diseases, the value of abstinence, and pregnancy and its implications for the mother's life at various ages; it concludes with lessons on promoting a healthy lifestyle, including nutrition, exercise, and abstinence from drugs, alcohol, and tobacco.

Contact: Teen-Aid, Incorporated, 723 East Jackson, Spokane, WA 99207. Telephone: (509) 482-2868. \$79.95 plus \$6.00 shipping and handling.

MICHIGAN ABSTINENCE PARTNERSHIP SAMPLE EDUCATIONAL MATERIALS

Michigan Abstinence Partnership. 1996. [*Michigan Abstinence Partnership sample educational materials*]. [Lansing, MI?]: Michigan Abstinence Partnership. 7 items.

This information package contains a collection of materials produced by the Michigan Abstinence Partnership. The package includes a catalog of the materials produced by the organization, a pair of shoelaces bearing the message "Sex Can Wait," and a bookmark with the same message on one side, and on the other, a list of reasons to postpone sexual activity and effective ways to say no. Other items include the pamphlets *Why Kids Say No to Sex* and *How to Talk to Your Kids about Sex*, the 15-minute videotape *The*

Problem, the Solution, the Response, and two cassette tapes with public service announcements, one for mothers and daughters and the other for fathers and sons. The materials target youth ages 9-14 and emphasize community and parental involvement.

Contact: Shelly Schadewald, Michigan Abstinence Partnership, Michigan Department of Public Health, P.O. Box 30195, Lansing, MI 48909. Telephone: (517) 335-8908; (517) 882-9955 for copy of catalog; fax: (517) 335-9222. Single copy available at no charge (out of state); up to 25 copies available at no charge (in state); \$1.00 per copy for additional copies.

MINNESOTA EDUCATION NOW AND BABIES LATER INFORMATION PACKET

Minnesota Education Now and Babies Later. ca. 1997. [*Minnesota Education Now and Babies Later information packet*]. Minneapolis, MN: Minnesota Education Now and Babies Later. 4 items (var. pp.).

This information package provides materials on the Minnesota Education Now and Babies Later (MN ENABL) program, which targets youth ages 12-14. The program bases its abstinence education effort for adolescents on the principles of the Postponing Sexual Involvement (PSI) curricula developed by Dr. Marion Howard. The package includes (1) a list of talking points that describe the program and why it is important, (2) a fact sheet that describes the program components, (3) a list of basic requirements for MN ENABL grantees, and (4) recommendations for a Minnesota program.

Contact: Gabriel Watts, State Coordinator, Minnesota Education Now and Babies Later, Minnesota Department of Health, P.O. Box 9441, Minneapolis, MN 55440-9941. Telephone: (612) 623-5446; fax: (612) 623-5442; e-mail: gabriel.watts@health.stat.mn.us. Available at no charge.

NOT YET

New Mexico Outreach. 1994-1996. *Not yet*. Albuquerque, NM: Belinoff and Bagley. 3 v.

This magazine for adolescents is a product of the Not Yet campaign, part of the New Mexico Outreach program. The campaign employs the slogan: "Not Yet! Wait to Have Sex, Wait to Have a Baby." Both the



magazine and the campaign encourage preadolescents and adolescents to postpone having sex and to take appropriate steps to avoid adolescent pregnancy. Other materials produced by the campaign include a poster, a rap message developed by a New Mexico adolescent, book covers, pins, and billboards. The magazine contains stories, poems, and articles; half are aimed at females, half at males. The campaign was scheduled to end June 30, 1997.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: <http://www.ncemch.org>. Available for loan.

POSTPONING SEXUAL INVOLVEMENT: AN EDUCATIONAL SERIES FOR YOUNG TEENS (REV. ED.)

Howard, M., and Mitchell, M. E. 1996-1997. *Postponing sexual involvement: An educational series for young teens* (rev. ed.). Atlanta, GA: Emory/Grady Teen Services Program, Grady Memorial Hospital. 1 leader's manual (173 pp.), 1 videotape (35:40 minutes, VHS 1/2 inch).

This curriculum was developed to help young adolescents delay early sexual activity and develop skills to resist peer pressure. The curriculum emphasizes building skills to say no. Aimed at students in grades 7, 8, and 9, this program is designed to encourage thinking about, discussing, and practicing ways of using information to resist social and peer pressures to become sexually active at an early age. The curriculum, which uses adolescent leaders as program presenters and provides for parent involvement, has been proven effective when used to supplement a basic human sexuality program in a school or community setting. The curriculum is part of the Postponing Sexual Involvement Educational Series. Other titles in the series include: Preteens, Parents of Preteens, Parents of Young Teens, and Handbook for Training Teen Leaders to Present Postponing Sexual Involvement. Various parts of the curriculum were revised to make them consistent with federal regulations resulting from passage of the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (P.L. 104-193), also known as the Welfare Reform Act.

Contact: Center for Adolescent Reproductive Health at Emory University, Grady Memorial Hospital, 80 Butler Street, S.E., Box 26158, Atlanta, GA 30335-3801. Telephone: (404) 616-3513. \$149.00 for videotape and leader's guide (preteen or young teen versions) plus 10 percent shipping and handling; young teen leader's guide only, \$50.00 plus 10 percent shipping and handling.

POSTPONING SEXUAL INVOLVEMENT IN CINCINNATI INFORMATION PACKAGE

Postponing Sexual Involvement in Cincinnati. ca. 1996. [*Postponing Sexual Involvement in Cincinnati information package*]. Cincinnati, OH: Postponing Sexual Involvement in Cincinnati. 4 items (pages vary).

This information package contains materials on the Postponing Sexual Involvement (PSI) program in Cincinnati, which is based on the adolescent abstinence education curriculum created by Dr. Marion Howard. One set of fact sheets presents information on the administration of the program (a cooperative effort between the Cincinnati Public Schools and the Children's Hospital Medical Center), the program's operations in 1996, annual reports and program evaluations from previous years, and clippings on the impact of the PSI program in several sites around the country. A separate annual report describes program activities in Cincinnati in 1995-96. The one-page color flier presents various behaviors that adolescents can use to resist peer pressure; the promotional brochure Empowering Teens describes the activities of the program in Cincinnati.

Contact: Postponing Sexual Involvement in Cincinnati, Hughes Center, 2515 Clifton Avenue, Cincinnati, OH 45219. Telephone: (513) 559-3014.

PREVENTION ON A SHOESTRING: CASE STUDIES OF THREE HEALTH CENTER PROGRAMS

National Association of Community Health Centers. 1995. *Prevention on a shoestring: Case studies of three health center programs*. Washington, DC: National Association of Community Health Centers. 82 pp.

This report evaluates the design, implementation, and results of three small preventive health education demonstration grants awarded to community health centers. The study reviewed the Pike Market Medical



Clinic Nutrition Intervention Program in Seattle, Washington; the Adolescent Periodontal Disease Prevention Program, a Colorado migrant health program; and Great to Wait, the adolescent pregnancy prevention program operated by Health Care Partners of South Carolina. The latter program was based on the adolescent abstinence training program Postponing Sexual Involvement, developed by Dr. Marion Howard at Grady Memorial Hospital in Atlanta, with additional information from True Love Waits. The Great to Wait program targeted adolescents ages 11-14 in rural communities with a large African-American population. The report includes information on the design of each program, its organization and implementation, the outcomes, and the evaluation process. The report also includes examples of the training materials and evaluation instruments.

Contact: National Association of Community Health Centers, 1330 New Hampshire Avenue, N.W., Suite 122, Washington, DC 20036. Telephone: (202) 659-8008; fax: (202) 659-8519. \$6.00 members, \$7.50 non-members includes shipping and handling. PIC no. 010332.

PROGRAM ARCHIVE ON SEXUALITY, HEALTH AND ADOLESCENCE INFORMATION AND ORDER PACKET

Sociometrics Corporation, Program Archive on Sexuality, Health and Adolescence. 1997. *Program Archive on Sexuality, Health and Adolescence information and order packet.* Los Altos, CA: Sociometrics Corporation. 62 pp.

This packet describes the Program Archive on Sexuality, Health, and Education (PASHA), which provides a collection of promising adolescent pregnancy prevention programs as well as programs related to prevention of HIV, AIDS and other sexually transmitted diseases. The programs are developed for use in schools, community organizations, and clinics. The packet describes the selection criteria, program package contents, ways to choose and use program packages, and currently available and forthcoming programs. The adolescent pregnancy programs cover both primary and secondary prevention.

Contact: Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022-2812. Telephone: (800) 846-DISK; (415) 949-3282; fax: (415) 949-3299; e-mail: pasha@socio.com;

Web site: <http://www.socio.com>. Available at no charge.

REMOVING THE RISK: ABSTINENCE FOR HIGH SCHOOL STUDENTS

Barth, R. P., and Abbey, N. 1997. *Removing the risk: Abstinence for high school students.* Santa Cruz, CA: ETR Associates. 2 v.

This curriculum and workbook are based on the curriculum Reducing the Risk, which provides comprehensive sexuality education including abstinence and contraception. This abstinence-only curriculum covers interpersonal and social skills that adolescents can use to postpone sexual involvement. The materials provide opportunities for role play, guidelines for implementing role play and other activities, and suggestions for handling parent notification and permission. An activity kit with posters and role play cards is sold separately.

Contact: ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407; fax: (408) 438-4284. \$35.00, curriculum and one student workbook; \$18.95, for set of five additional student workbooks; add 10 percent of subtotal for shipping and handling for orders from \$30.01 to \$500.00. Title no. H691-N1 (curriculum and one workbook); H690-N1 (set of five student workbooks).

RESOURCES FOR ABSTINENCE PROMOTION

Sociometrics Corporation, Program Archive on Sexuality, Health and Adolescence. 1997. *Resources for abstinence promotion.* Los Altos, CA: Sociometrics Corporation. 17 pp.

This publication describes eight educational programs designed to prevent adolescent pregnancies and to prevent adolescent exposure to sexually transmitted diseases, including HIV and AIDS. It briefly describes the Program Archive on Sexuality, Health and Adolescence (PASHA), categorizes each program's emphasis on abstinence, and outlines the materials provided to replicate the original program. The programs have varied emphasis including abstinence only, abstinence within the context of contraceptive and safer sex education, and abstinence in the same context but with abstinence modules that can be presented separately. Detailed entries for each program include a checklist indicating the focus, original site, approach, and com-



ponents; a summary of the program; descriptions of sites where the program can be used; information on the original intervention sample; the program length; staffing requirements; and descriptions of the PASHA program package, including costs.

Contact: Sociometrics Corporation, Data Archive on Adolescent Pregnancy and Pregnancy Prevention, 170 State Street, Suite 260, Los Altos, CA 94022-2812. Telephone: (800) 846-DISK; (415) 949-3282; fax: (415) 949-3299; e-mail: pasha@socio.com; Web site: <http://www.socio.com>. Available at no charge.

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SEX CAN WAIT: AN ABSTINENCE-BASED SEXUALITY CURRICULUM FOR HIGH SCHOOL

Core-Gebhart, P., Hart, S. J., and Young, M. 1994. *Sex can wait: An abstinence-based sexuality curriculum for high school*. Santa Cruz, CA: ETR Associates. 478 pp.

This curriculum can be used to develop high school sex education courses that rely on the idea of abstinence. Broad subjects covered by the course include knowing one's self, understanding sexuality, relating to others, and planning one's future. Within these subjects, the curriculum covers specific topics such as values, decision making (including sexual decision making), self-esteem, gender roles, reproductive anatomy and physiology, sexually transmitted diseases, parental readiness, communication, relationships, goal setting, and life planning. Each module contains suggestions for the teacher, specific objectives, examples of learning activities, and samples of transparencies and handouts. The guide also contains a glossary and a bibliography. Versions of this curriculum are also available for upper elementary and middle schools. A booklet of activities for grades 7 through 12 is sold separately.

Contact: ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. \$59.95. Title no. H332.

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SEXUAL ABSTINENCE PROGRAM: 1995 EVALUATION SURVEY

McCready, W. C. 1995. *Sexual abstinence program: 1995 evaluation survey*. De Kalb, IL: William C. McCready. 15 pp.

This paper summarizes the results of sample pretest and posttest surveys of students involved in a sexual

abstinence education program in Chicago. The paper discusses the methodology and the revisions to the survey in 1995, and examines changes by comparing results of previous surveys. The report includes data from the students' opinions on whether the program would interest their peers, whether they would recommend it to others, and whether they found various components of the program interesting. The paper includes a change analysis based on the students' involvement in the program; it also compares data from this survey to data from previous surveys and reports for various topics by race, gender, and age. The evaluation addresses changes in students' attitudes but not changes in their behaviors. The program is presented to students in grades 5 through 8, using older adolescents as teen leaders.

Contact: William C. McCready, Ph.D., 517 Pine Street, No. 2, P.O. Box 185, De Kalb, IL 60115. Telephone: (217) 782-2736. Available at no charge.

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SMART MOVES

Boys and Girls Clubs of America. 1997. *SMART moves*. Atlanta, GA: Boys and Girls Clubs of America. 2 pp.

This brochure describes a skills-based curriculum designed to assist children and adolescents in resisting alcohol and other drug use and early sexual involvement. The curriculum consists of eight resources: (1) A Guide for SMART Operators, an implementation manual; (2) Be SMART, an in-service training program for staff and volunteers; (3) SMART Kids Make SMART Moves, a skills development program for girls and boys ages 6-9; (4) Start SMART, a resistance skills training program for youth ages 10-12; (5) Stay SMART, a social skills program for adolescents ages 13-15; (6) Keep SMART, a program for parents and other caregivers; (7) SMART Ideas, a collection of clubwide and community activities and events; and (8) Act SMART, an age-appropriate program on HIV/AIDS, developed with the American Red Cross. A two-day SMART Moves training program is also available to help implement the program.

Contact: Supply Services, Boys and Girls Clubs of America, 1230 West Peachtree Street, N.W., Atlanta, GA 30309-3447. Telephone: (404) 815-5700. Available at no charge; program manuals cost \$35.00 plus \$3.50 shipping and handling.



SUMMARY: ADOLESCENT FAMILY LIFE PREVENTION CURRICULA

U.S. Department of Health and Human Services, Public Health Service, Office of the Assistant Secretary for Health. n.d. *Summary: Adolescent family life prevention curricula*. Washington, DC: Office of the Assistant Secretary for Health, Public Health Service, U.S. Department of Health and Human Services. 18 pp.

This bibliography lists curricula developed and/or tested with funding from the U.S. Office of Adolescent Pregnancy Programs. Although the focus, target audience, methodology, and components of each curriculum vary, each emphasizes parent-child communication and family interaction in reducing early adolescent sexuality. The curricula are listed alphabetically by name; individual entries include contact information and brief descriptions. Some (but not all) entries indicate the specific modules and provide information on audiovisual materials when applicable. Examples of topics covered in the various curricula are: family life, communication, decision making, job skills, social skills, values, physical and emotional development, goal setting, human sexuality, and abstinence.

Contact: Office of Population Affairs Clearinghouse, U.S. Department of Health and Human Services, P.O. 30686, Bethesda, MD 20824. Telephone: (301) 654-6190. Available at no charge. Publication no. FP-110020.

THE TEEN-AID FAMILY LIFE EDUCATION PROJECT: FOURTH YEAR EVALUATION REPORT

Weed, S. E., DeGaston, J., Prigmore, J., and Tanas, R. [1992?]. *The Teen-aid Family Life Education Project: Fourth year evaluation report*. [Location unknown]: Institute for Research and Evaluation. 75 pp.

This report presents the results of an evaluation of the Teen-Aid Family Life Project's junior high school abstinence education curriculum Me, My World, My Future. The project was carried out in 24 schools in California, Idaho, Oregon, and Washington; the evaluation covers the 1990-91 school year, the fourth year of the program. The report explains the objectives of the evaluation process, describes the curriculum, reviews the evaluation methodology (which is based on an analysis of attitude change reflected in data from pretests and posttests), and presents and discusses the results. It also examines teacher differences with respect to student outcomes. The evaluation was prepared for the U.S. Office of Adolescent Pregnancy

Programs. The project has also developed a parallel senior high school curriculum, Sexuality, Commitment, and Family.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: <http://www.ncemch.org>. Available for loan.

UNDERSTANDING YOUR SEXUALITY AND YOUR CHOICES

Community of Caring. ca. 1993. *Understanding your sexuality and your choices*. Washington, DC: Community of Caring. 96 pp.

This curriculum incorporates within a sexuality education program some techniques to help adolescents develop sound values and make decisions based upon those values; the curriculum focuses on helping adolescents decide to postpone becoming sexually active. The materials are intended to be used in conjunction with the Community of Caring's curriculum on sexuality and family living or to augment other curricula that use a reproductive biology approach to teaching human sexuality. The lessons cover developing and maintaining friendships and relationships; dating; expressing affection; developing self-control; making decisions; coping with peer pressure; recognizing the importance of love; and understanding the roles of love, sexuality, and marriage. Each lesson includes stated objectives, time estimates, materials lists, warm-up exercises, main activities, extended activities, and methods for assessing and closing the teaching sessions. Teacher notes highlight messages of particular import in some of the lessons. A related publication describes how to create a Community of Caring school.

Contact: Attention: Sales, National Association of Secondary School Principals, 1904 Association Drive, Reston, VA 22091-1537. Telephone: (703) 860-0200; fax: (703) 476-9321. \$14.00 includes shipping and handling.

**UNLOCKING THE SECRET: A PARENT'S GUIDE TO COMMUNICATING WITH YOUR KIDS**

Monroe County (New York) Adolescent Pregnancy Prevention Program, and United Way of Rochester (New York). 1996. *Unlocking the secret: A parent's guide to communicating with your kids*. Rochester, NY: Monroe County Adolescent Pregnancy Prevention Program and United Way of Rochester. 6 sheets.

This packet is designed to give parents advice on how to talk with their children and adolescents ages 9–14 about personal issues such as sex. Topics include becoming aware of what youth are thinking about during these years, understanding the do's and don'ts of talking with kids, starting a conversation with your kids about sex, helping them say "not me, not now," recognizing teachable moments, and becoming an "askable" parent. The packet is part of the Not Me, Not Now program aimed at reducing the adolescent pregnancy rate in Monroe County, New York, by encouraging children and adolescents ages 9–14 to abstain from sexual activity. The program involves a media campaign on television and radio, a peer-led school-based educational series, a parent information component, and a research and evaluation system. The school component uses the Postponing Sexual Involvement curriculum. Agencies may license the program for use in their community.

Contact: Jack Riley, Not Me, Not Now Program, 39 West Main Street, Room 204, Rochester, NY 14614. Telephone: (716) 428-2380. Price varies.

VALUES AND CHOICES: PREVIEW KIT

Search Institute. 1992. *Values and choices: Preview kit*. Minneapolis, MN: Search Institute. 1 videotape (18 minutes), 2 brochures, 3 booklets, 4 other items.

This preview kit provides a sample of the Human Sexuality: Values and Choices course designed for 7th and 8th grade adolescents and their parents. The course was developed to address adolescent issues such as physical and emotional changes during puberty, sexual attraction, dating, decision making, pregnancy and birth, and sexual responsibility. The Human Sexuality: Values and Choices program consists of three parts: the 120-minute videotape, teacher's lesson plan manual, and parent's guide to facilitate parent-adolescent communication about sexuality (the parent's guide is also available in Spanish). The preview kit contains the curriculum description outlining the adolescent and parent

lesson plans and learning activities, a summary of field test results, a student's thought book, a curriculum companion, a copy of the quarterly information resource newsletter Source, an order form, and an 18-minute VHS videotape presentation. The kit also includes the booklet Good Answers to Hard Questions about Human Sexuality, presenting common questions and answers concerning the curriculum. Available separately are three related titles: *Technical Report of the National Demonstration Project Field Test of Human Sexuality: Values and Choices; Yes You Can: A Resource Guide; and Human Sexuality: Values and Choice—A Guide for Parents of Young Adolescents*.

Contact: Search Institute, Thresher Square West, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (612) 376-8955 or (800) 888-7828; fax: (612) 376-8956. Preview kit available at no charge; master set \$295.00 plus \$5.50 shipping and handling, individual pieces priced separately; 30-day master preview kit available for \$15.00 shipping and handling.

WAIT TRAINING: LEARN HOW TO HAVE THE BEST SEX—BY WAITING TILL MARRIAGE

Friends First. 1996. *WAIT training: Learn how to have the best sex—By waiting till marriage*. Longmont, CO: Friends First. 74 pp., 42 slides

This teaching guide provides trainers with the materials they need to make presentations to adolescents in grades 7–12, using the principles of the Why Am I Tempted (WAIT) training program. Those principles focus on building relationships, developing decision-making skills, choosing love instead of lust, learning to resist peer pressure, avoiding sexually transmitted diseases, and abstaining from premarital sex. The guide reviews the program goals and various methodologies to use during presentations; includes teaching points for each of the slides; and contains handouts, references, evaluation forms, and information on becoming a WAIT trainer. Use of the curriculum requires official training for licensure.

Contact: Lisa A. Rue, Executive Director, Friends First, P.O. Box 356, Longmont, CO 80502-0356. Telephone: (800) 909-WAIT or (303) 776-0715; fax: (303) 776-0705. \$200.00 plus 10 percent shipping and handling.



WHY KNOW: AN ABSTINENCE EDUCATION PROGRAM

AAA Women's Services. 1996. *Why kNOw: An abstinence education program*. Chattanooga, TN: AAA Women's Services. 2 pp.

This brochure describes the Why kNOw abstinence program, which is designed to be presented by trained teachers. It is available in public school and religious education versions. The brochure covers the bonding that occurs during sex, the importance of marriage, the ways that males and females approach relationships, the dangers of premarital sex, fetal development and

the magnitude of the responsibility of adolescent pregnancy, dating, ways to say no, and the importance of setting goals and developing high standards. The training package includes tips on teaching abstinence, six 45-minute video sessions, a syllabus, and other materials. Pamphlets for adolescents include *Sex Was Never Meant to Kill You and How at Risk Are You?*

Contact: Why kNOw Abstinence Programs, AAA Women's Services, 6232 Vance Road, Chattanooga, TN 37421. Telephone: (423) 892-1631; e-mail: aaawomen@chattanooga.net. Brochure available at no charge; teacher training course \$119.

Program Descriptions

In addition to the bibliographic materials listed above, the following sources have provided program information to NCEMCH. For further information about the programs, contact:

Jack Dillenberg, D.D.S., M.P.H., Director
Arizona Department of Health Services
1740 W. Adams Street, Phoenix, AZ 85007-2670
Telephone: (602) 542-1025; fax: (602) 542-1062

Programs in Cochise, Coconino, Gila, Graham, Maricopa, Navajo, Pima, Pinal, Pavalpai, and Yuma Counties. Curricula vary, but include Postponing Sexual Involvement, Reducing the Risk, and Life Planning Education.

Nancy Omara
Monroe County (New York) Department of Health
"Just Say No" Abstinence Program in Schools
1099 Jay Street, Building N, Rochester, NY 14611
Telephone: (716) 783-2861; fax: (716) 783-2872

Maxine Hayes, M.D., M.P.H., Assistant Secretary.
Washington Department of Health, Community and Family Health
1112 S.E. Quince Street, P. O. Box 47890, Olympia, WA 98504
Telephone: (360) 586-5212

Abstinence-only adolescent pregnancy prevention programs in Port Gamble, S'Klallam Tribe, and Tacoma-Pierce County. Also available is a listing of adolescent pregnancy prevention articles and materials that include some abstinence resources.

Publishers of Abstinence Education Materials

The publishers listed below represent a sampling of those who have published pamphlets, videotapes, and other materials related to abstinence education. Though not all-inclusive, this listing includes publishers whose recent materials on abstinence have been reviewed by NCEMCH. To request a catalog, contact the publishers directly.

Channing L. Bete Company

200 State Road, South Deerfield, MA 01373
Telephone: (413) 665-7611; fax: (413) 665-2671

Selected titles of booklets include: *Is Abstinence Right for You?; Abstaining from Sex: A Choice Worth Making; Abstinence: Saying No to Sex; Saying No to Sex: It Makes Sense; What Young People Should Know About the Emotional Effects of Sex; Making Decisions About Sex; Sexual Abstinence: It Makes Sense; Sexual Abstinence: Choosing to Wait; Why Wait: Two Teens Face Pressure to Have Sex;* and *Deciding to Wait: The Wise Choice About Sex*. Some of the materials are written for low-literacy audiences and some are available in Spanish. Other health education materials are also available.

ETR Associates

P.O. Box 1830, Santa Cruz, CA 95061-1830
Telephone: (800) 321-4407; fax: (800) 435-8433;
Web site: <http://www.etr.org>

In addition to publishing the curricula *Reducing the Risk, Removing the Risk, and Sex Can Wait*, this publisher distributes a number of brochures, videotapes, posters, and resource books on abstinence, prevention of HIV and other sexually transmitted diseases, school health education, and other topics. Selected titles on abstinence include: *101 Reasons to be Abstinent; 101 Ways to Say No to Sex; 101 Ways to Make Love Without Doin' It; Abstinence: Talking with Your Teen; Worth Waiting;* and *5 Smart Steps to Abstinence*. Some of the materials are available in Spanish.

HRM Video

175 Tompkins Avenue, Pleasantville, NY 10570-3156
Telephone: (800) 431-2050; fax: (914) 747-174

This company published the videotape *Sexual Abstinence: Making the Right Choice* for students in grades 7-12. The video portrays adolescents throughout the country discussing sexuality and abstinence.

Journeyworks Publishing

P.O. Box 8466, Santa Cruz, CA 95061-8466
Telephone: (800) 775-1998; fax: (408) 423-8102

Brochures include the Luann Health Series (*Sex: Choosing to Wait; Sexual Pressure: How to Say No; The Abstinence Quiz; Talking Abstinence; Sex: Ten Best Reasons to Wait; How to Say No and Keep Your Boyfriend; Sexual Pressure: A Survival Guide for Guys; You're Not Ready to Have Sex If...; When No Means No;* and *Creative Ways to Show Love and Affection*. Materials reflect cultural diversity; some of the brochures are written for low-literacy audiences and some are available in Spanish.

Life Skills Education

314 Washington Street, Northfield, MN 55057-2025
Telephone: (800) 783-6743 or (507) 645-2994;
fax: (507) 645-2995; Web site: <http://www.lifeskillsed.com>

Among the materials published by this company is the brochure *Abstinence: It's Your Body and It's Your Choice*. The brochure presents facts that support the decision to be abstinent and discusses ways to deal with mixed messages from the media, parents, and peers, as well as ways to say no and to find support. Other brochures address topics such as self-esteem, relationships, family life, and other life skills.

March of Dimes Birth Defects Foundation

P.O. Box 1657, Wilkes-Barre, PA 18703-1657
Telephone: (800) 367-6630; fax: (717) 825-1987

Teens Talk Sex, a March of Dimes pamphlet, addresses abstinence from an adolescent perspective.

Office of Population Affairs Clearinghouse

P.O. Box 306686, Bethesda, MD 20824-0686
Telephone: (301) 654-6190; fax: (301) 215-7731

This clearinghouse distributes materials for the federal Office of Population Affairs, with a variety of publications on abstinence, adolescent pregnancy, sterilization, adoption, reproductive health care, family planning (Title X) and adolescent family life (Title XX) programs, and other topics. Some of the materials are available in Spanish.



Society for Visual Education

6677 N. Northwest Highway, Chicago, IL 60631
Telephone: (800) 386-2835 or (310) 439-4781;
fax: (800) 624-1678

This organization published the videotape *Abstinence—It's the Right Choice*, which discusses reasons why adolescents become sexually active, the consequences of doing so, reasons to abstain, and techniques for refusal. Catalogs of additional videotapes for grades K–6 and 7–12 are available. (Churchill Media recently became part of this organization.)

Sunburst Communications

101 Castleton Street, P.O. Box 40, Pleasantville, NY 10570
Telephone: (800) 431-1834; fax: (914) 769-2109

This company publishes videotapes, games, and posters for grades pre-K to 12, on topics such as sexuality education, self-esteem, education concerning AIDS and other sexually transmitted diseases, conflict resolution, health, career education, violence prevention, and others. The curriculum module *Sex and Teenagers: The Facts, the Issues* promotes abstinence while including information on contraception. Abstinence videotapes include *Real People: Teens Who Choose Abstinence* and *This Ain't No Dress Rehearsal*. The first presents discussions among adolescents; the second provides information (with a touch of humor) on the subject of sexually transmitted diseases.

Related Bibliographies by NCEMCH

Adolescent Pregnancy Prevention. April 1997. 27 pp.
Sexuality Education. April 1997. 30 pp.

NCEMCH has produced these bibliographies of related materials beyond the scope of this *Interchange*, with listings of books and reports, manuals, educational materials for adolescents, curricula, training materials,

evaluations, and other types of documents that may be useful in planning and implementing abstinence education programs. The entries include a descriptive annotation and information on how to obtain copies of the items. To request a copy, contact NCEMCH or visit the NCEMCH Web site at <http://www.ncemch.org> and download the text.

Additional Sources of Information

In addition to the sources listed above, readers are encouraged to consult the following:

Combined Health Information Database

Located at <http://chid.nih.gov> on the World Wide Web, this database lists materials from 18 federally funded health clearinghouses and information resource centers, including the National Center for Education in Maternal and Child Health. Clearinghouses on comprehensive school health, AIDS education, and others have contributed listings of many brochures, articles, and other materials on abstinence education. The database can be searched by specific topic.

Welfare Reform Academy of the University of Maryland School of Public Affairs

This organization convened a conference on Abstinence Education Grants and Welfare Reform, held June 6, 1997, in Washington, DC. The conference, which was broadcast to 10 sites throughout the country, covered a number of topical presentations including the decrease in adolescent sexual activity, the new federal grant program, methods for making abstinence work in today's world, and programs and approaches. Papers from the conference will be posted on the Academy's Web site at <http://welfare-reform-academy.org>.



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Request Form

The following materials listed in this issue of the *MCH Program Interchange* are available from NCEMCH. Please check the items you would like to receive, and fill out your name and address at the bottom of the form. If there is a waiting list for loan items, you will be notified.

- ◇ Tolleson Union High School District, and Maricopa County (Ariz.) Department of Public Health Services, Office of Family Health. *Abstinence-based teen pregnancy prevention project*. Unpublished. 1996. ca. 200 pp. Available for loan.

◇ Haskins, R., and Bevan, C. S. *Implementing the abstinence education provision of the welfare reform legislation*. Washington, DC: Human Resources Subcommittee, House Ways and Means Committee, U.S. Congress. [1997]. 23 pp. Photocopy available at no charge.
- ◇ Holt, K. *Abstinence education: Bibliography of journal articles*. Arlington, VA: NCEMCH. 5pp. [1997]. Photocopy available at no charge.

◇ New Mexico Outreach. *Not yet*. Albuquerque, NM: Belinoff and Bagley. 1994-1996. 3 v. Available for loan.

◇ Weed, S. E., DeGaston, J., Prigmore, J., and Tanas, R. *The Teen-Aid Family Life Education Project: Fourth year evaluation report*. Institute for Research and Evaluation. [1992?] 75 pp. Available for loan.

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.....
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